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Abstract This study investigates the effect and mechanism of proprotein convertase subtilisin/Kexin type 9 (PCSK9) on myocardial ischemia–reperfusion injury (MIRI) and provides a reference for clinical prevention and treatment of acute myocardial infarction (AMI). We established a rat model of myocardial ischemia/reperfusion (I/R) and AC16 hypoxia/reoxygenation (H/R) model. A total of 48 adult 7-week-old male Sprague–Dawley rats were randomly assigned to three groups ($n=16$): control, I/R, and I/R+ siRNA. In I/R and I/R+ siRNA groups, myocardial ischemia was induced via occlusion of the left anterior descending branch (LAD) of the coronary artery in rats in I/R group for 30 min and reperused for 3 days. To assess the myocardial injury, the rats were subjected to an electrocardiogram (ECG), cardiac function tests, cardiac enzymes analysis, and 2,3,5-triphenyl tetrazolium chloride (TTC)/Evan Blue (EB) staining. Meanwhile, differences in the expression of autophagy-level proteins and Bcl-2/adenovirus E1B 19-kDa interacting protein (Bnip3) signaling-related proteins were determined by protein blotting. In vitro and in vivo experimental studies revealed that siRNA knockdown of PCSK9 reduced the expression of autophagic protein Beclin-1, light chain 3 (LC3) compared to normal control-treated cells and control-operated groups. Simultaneously, the expression of Bnip3 pathway protein was downregulated. Furthermore, the PCSK9-mediated small interfering RNA (siRNA) group injected into the left ventricular wall significantly improved cardiac function and myocardial infarct size. In ischemic/hypoxic circumstances, PCSK9 expression was dramatically increased. PCSK9 knockdown alleviated MIRI via Bnip3-mediated autophagic pathway, inhibited inflammatory response, reduced myocardial infarct size, and protected cardiac function.

Keywords (separated by '-') Autophagy - Bnip3 - Knockdown - Myocardial ischemia–reperfusion injury - PCSK9 - siRNA

Footnote Information Handling Editor: Jack Rubinstein. Guangwei Huang and Xiyang Lu have contributed equally to this work.



PCSK9 Knockdown Can Improve Myocardial Ischemia/Reperfusion Injury by Inhibiting Autophagy

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Abstract

This study investigates the effect and mechanism of proprotein convertase subtilisin/Kexin type 9 (PCSK9) on myocardial ischemia–reperfusion injury (MIRI) and provides a reference for clinical prevention and treatment of acute myocardial infarction (AMI). We established a rat model of myocardial ischemia/reperfusion (I/R) and AC16 hypoxia/reoxygenation (H/R) model. A total of 48 adult 7-week-old male Sprague–Dawley rats were randomly assigned to three groups ($n = 16$): control, I/R, and I/R + siRNA. In I/R and I/R + siRNA groups, myocardial ischemia was induced via occlusion of the left anterior descending branch (LAD) of the coronary artery in rats in I/R group for 30 min and reperused for 3 days. To assess the myocardial injury, the rats were subjected to an electrocardiogram (ECG), cardiac function tests, cardiac enzymes analysis, and 2,3,5-triphenyl tetrazolium chloride (TTC)/Evan Blue (EB) staining. Meanwhile, differences in the expression of autophagy-level proteins and Bcl-2/adenovirus E1B 19 kDa interacting protein (Bnip3) signaling-related proteins were determined by protein blotting. In vitro and in vivo experimental studies revealed that siRNA knockdown of PCSK9 reduced the expression of autophagic protein Beclin-1, light chain 3 (LC3) compared to normal control-treated cells and control-operated groups. Simultaneously, the expression of Bnip3 pathway protein was downregulated. Furthermore, the PCSK9-mediated small interfering RNA (siRNA) group injected into the left ventricular wall significantly improved cardiac function and myocardial infarct size. In ischemic/hypoxic circumstances, PCSK9 expression was dramatically increased. PCSK9 knockdown alleviated MIRI via Bnip3-mediated autophagic pathway, inhibited inflammatory response, reduced myocardial infarct size, and protected cardiac function.

Keywords Autophagy · Bnip3 · Knockdown · Myocardial ischemia–reperfusion injury · PCSK9 · siRNA

Introduction

Annually, more than 7 million people die due to cardiovascular disease, making it the leading cause of death worldwide [1]. Myocardial infarction (MI) significantly

impacts cardiovascular disease-related mortality. Timely and effective myocardial reperfusion is the key to rescuing ischemic cardiomyocytes and limiting infarct size. However, the abrupt restoration of blood flow often aggravates the structural and functional damage of ischemic myocardium, leading to cardiomyocyte apoptosis and necrosis, potentially leading to reduced mitochondrial membrane heart failure, arrhythmias, and eventually cardiac systolic dysfunction [2, 3]. Although MIRI mechanism has not been fully elucidated, studies have demonstrated that it is closely associated with Ca^{2+} overload, reactive oxygen species (ROS) accumulation, reduced adenosine triphosphate (ATP) production, and reduced mitochondrial membrane potential [4, 5]. Under normal conditions, autophagy in the myocardium occurs at a basal level and participates in cellular homeostasis by removing excess or long-lived proteins as well as aging organelles [6]. Autophagy is activated by regulating Sirt3

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46 concentration in muscle cells. Cardiomyocytes have almost
47 no degenerative changes, autophagosomes exist at different
48 maturation stages, reduced infarct size, and enhanced car-
49 diac function [6]. However, the mechanism underlying the
50 link between autophagy and myocardial ischemia–reperfu-
51 sion injury is unknown.

52 PCSK9 is an amino acid serine protease encoded by
53 PCSK9 gene on human chromosome 1 p32.3, mainly
54 expressed in hepatocytes [7]. PCSK9 competes with low-
55 density lipoprotein cholesterol (LDL) to bind to the low-
56 density lipoprotein receptor (LDLR) on the surface of
57 hepatocytes and guides LDLR internalization to lysosomal
58 degradation, reducing LDLR number on the cell membrane,
59 thereby upregulating cholesterol in the body s level [8]. As
60 research deepens, increasing evidence implies that PCSK9
61 expression may also be associated with inflammation, inde-
62 pendent of low-density lipoprotein cholesterol regulation.

63 A class of PCSK9 inhibitors is used in clinical trials to
64 lower cholesterol levels by inhibiting the hepatic LDL recep-
65 tors, raising serum LDL-c levels in the process [9]. Salvage
66 kinase, a key enzyme in insulin signaling, may negatively
67 affect susceptibility to myocardial reperfusion injury. Acti-
68 vating salvage kinase or lower pH in the first phase of rep-
69 erfusion after ischemia maintenance can reduce myocardial
70 infarct volume caused by a high-fat diet [10, 11]. In contrast,
71 increased myocardial infarct volume in hypercholesterolemia
72 is associated with increased ROS formation during reperfu-
73 sion [12]. PCSK9 is thought to protect the myocardium by
74 preventing autophagy from occurring, which is why it is
75 upregulated in MIRI hearts [13]. Consequently, how PCSK9
76 affects ischemia–reperfusion injury, thereby improving the
77 mechanism of myocardial infarction size, has not been fully
78 understood.

79 In past studies, atherosclerotic cardiovascular disease
80 and myocardial infarction were reduced when LDL-C levels
81 were lower. The benefits of PCSK9 inhibitors in lowering
82 LDL-C and cardiovascular risk are undeniable. Therefore, in
83 August 2019, the European Society of Cardiology (ESC) and
84 the European Atherosclerosis Society (EAS) issued a joint
85 recommendation to develop stricter LDL-C level targets
86 for patients with recent MI [14]. During ischemia–reperfu-
87 sion injury, PCSK9 inhibitors can reduce the incidence of
88 myocardial infarction and arrhythmias [15]. Notably, evo-
89 locumab may effectively reduce myocardial infarct size and
90 severity. Evolocumab is a human monoclonal immunoglob-
91 ulin G2 (IgG2). The mechanism of action of evolocumab
92 is to increase LDLR number that can clear LDL from the
93 blood by inhibiting PCSK9 binding to LDLR, thereby sig-
94 nificantly reducing LDL-C levels and further reducing the
95 risk of myocardial infarction and stroke. Evolocumab has
96 become the only PCSK9 inhibitor approved in China for
97 treating homozygous familial hypercholesterolemia in adults
98 or adolescents over 12 years of age. It is well known that

myocardial infarct size is linked to reperfusion opening time,
and mortality may be further lowered if myocardial infarct
size can be significantly reduced [16, 17].

Using RNA interference (RNAi) pathways to silence
disease-causing genes holds great promise for developing
therapeutics for targets that current drugs cannot address
[18]. siRNAs are widely used to silence target genes. This
process involves introducing the double-stranded RNA cor-
responding to the target gene into the organism, resulting
in the corresponding mRNA degradation, thereby silencing
the target gene. Here, we revealed that siRNAs, when deliv-
ered systemically in a liposomal formulation, can silence
the disease target PCSK9 in rodent primates with MIRI to
prove whether PCSK9 could be expressed in the myocardial
cells of rats.

This study seeks to answer the following questions: (1)
how does PCSK9 relate to MIRI and autophagy; (2) how
does PCSK9 affect the size and cardiac function of myo-
cardial infarction; and (3) can PCSK9 inhibitors inhibit the
inflammatory response, thereby alleviating MIRI, thereby
decreasing the size of a MI; and thereby decreasing mortal-
ity from myocardial ischemia–reperfusion injury?

Materials and Methods

Animals

In total, 48 adult male Sprague–Dawley rats, weighing
250–300 g, were purchased from Suzhou Xishan Biotechnol-
ogy Co., LTD. [License No: scxk (Xiang) 2019-0014]. All
rats were housed in a temperature-controlled environment
with a 12:12 h light–dark cycle, with free access to food and
water. After the experiments, the rats were sacrificed with
an intravenous injection of 10% chloral hydrate at 8 mL/
kg. The animal experiments were approved by the Animal
Experimentation Committee of the Institutional Review
Board of Guizhou Medical University and complied with
the guidelines of Guizhou Medical University for the care
and use of animals.

Myocardial Ischemia–Reperfusion Protocol

The rats were anesthetized with chloral hydrate (3 mL/
kg), and heparin was used to avoid blood clotting during
the surgery. When the rats were mechanically ventilated
after endotracheal intubation, the tidal volume was 1.0 mL
per min, and the breathing rate was 100 breaths/min. A
left-sided chest opening was performed at the fourth inter-
costal space, and the pericardium was opened. An 8-0
filament gently crossed the LAD 2/3 of the way around
LAD, located between the starting points near the pul-
monary cones. LAD occlusion caused epicardial cyanosis

146 with local hypokinesia and typical ECG changes of acute
 147 myocardial infarction (marked ST-segment elevation with
 148 T-wave changes). LAD was ligated for 30 min, following
 149 which the ligation wires were released, and reperfusion
 150 was performed for 3 days [19]. A total of 48 adult male
 151 Sprague–Dawley rats were randomly divided into three
 152 experimental groups using the methodology of random
 153 number table, as follows: (I) the control group in which the
 154 rats were subjected to the same manipulation but without
 155 LAD ligation ($n = 16$); (II) I/R group ($n = 10$); and (III)
 156 I/R + siRNA groups, where the left ventricular wall was
 157 injected with siRNA (1 $\mu\text{g}/10 \text{ g}$) at multiple points, using
 158 an insulin needle, end of ischemia at 30 min, within 3 min
 159 after the start of reperfusion. For 3 days, the rats were
 160 cared after the chest was closed, and they began to recover.
 161 The sequence of rat-derived PCSK9 siRNA was as fol-
 162 lows: sense 5'-GGAGGUGUAUCUCUUAGAUTT-3' and
 163 antisense 5'-AUCUAAGAGAUACACCUCCTT-3'. The
 164 sequence of rat-derived scrambled siRNA was as follows:
 165 sense 5'-UUCUCCGACGUGUCACGUTT-3' and anti-
 166 sense 5'-ACGUGACACGUUCGGAGAATT-3'.

167 **Assessment of the Size of Myocardial Infarct**

168 Infarct size was estimated using Evans blue (Beijing
 169 Solarbio Science & Technology Co., Ltd., China)/2,3,5-
 170 triphenyltetrazolium staining (Beijing Solarbio Science &
 171 Technology Co., Ltd., China). Following reperfusion, the
 172 rats were re-anesthetized and LAD re-ligated; they were
 173 then injected with 2 mL 2% Evans blue via the tail vein.
 174 After the skin of lips and distal limbs was stained blue, the
 175 hearts were removed, rinsed with 4 °C phosphate-buffered
 176 saline (PBS), and frozen at $-80 \text{ }^\circ\text{C}$ for 30 min before
 177 being cut into 5–7 slices. The sections were immersed in
 178 1% TTC buffer (pH 7.5) for 30 min at 37 °C. The area at
 179 risk (AAR) was defined as the area not stained by Evans
 180 blue, and the infarct area (IA) was defined as the area not
 181 stained by TTC. Images of the stained slices were captured
 182 with a digital camera, quantified using Image-Pro Plus,
 183 and presented as a percentage [20].

184 **Echocardiographic Assessment of LV Function**

185 A VINNO6 high-resolution ultrasound system was
 186 employed to perform an echocardiographic analysis on
 187 day 3 after IRI to assess cardiac function in anesthetized
 188 rats. Ejection fraction (EF) and shortening fraction (FS)
 189 measurements were performed to assess the left ven-
 190 tricular (LV) systolic function of the heart. The average
 191 of three consecutive cardiac cycles was used for each
 192 measurement.

Cell Culture, Simulated Ischemia and Transfection of siRNA

193
 194
 195 AC16 cells (American Tissue Culture Collection) were
 196 cultured in Dulbecco's modified Eagle's medium (DMEM)
 197 (Gibco) supplemented with 10% fetal bovine serum (FBS),
 198 100 U/mL penicillin, and streptomycin. The cells were main-
 199 tained in a humidified 95% air/5% CO_2 incubator at 37 °C.
 200 Briefly, cardiomyocytes were exposed to a glucose-free,
 201 serum-free medium and transferred to a hypoxic modular
 202 incubator for 10 h at 37 °C with 5% CO_2 and 95% N_2 . After
 203 hypoxia, the medium was replaced with a fresh oxygenated
 204 normal or high glucose medium, and the dishes were trans-
 205 ferred to a normoxic incubator (95% air/5% CO_2) for 8-h
 206 reoxygenation. All cells were starved for 12 h with serum-
 207 free media before being subjected to normoxia or hypoxia.

208 siRNA duplexes corresponding to human-derived PCSK9
 209 were purchased from RiboBio Biotechnology (Guangzhou,
 210 CHN). The sequence of overexpressed human-derived
 211 PCSK9 siRNA1(Ps1) was CCCATGTCTGACTACATCGA,
 212 and for silenced siRNA2(Ps2), it was GGTCACCGACTT
 213 CGAGAAT. Cardiomyocytes were transfected with 50 nM
 214 of each siRNA for 48 h using siRNA transfection reagent
 215 to overexpress and inhibit PCSK9 gene expression. The
 216 medium was replaced with a normal medium, and the cells
 217 were subsequently exposed to hypoxia for specified times.
 218 As a control, the cells were transfected with sequence-dis-
 219 ordered siRNA control. To confirm the efficiency of protein
 220 knockdown using siRNA, cell lysates were used for Q-PCR
 221 or Western blot analysis.

Western Blot Analysis

222
 223 Human-derived cardiomyocytes and infarcted tissue in the
 224 left ventricular of the rat were extracted with RIPA lysis
 225 buffer (Beyotime, China) and PMSF (Roche, USA) to extract
 226 total protein. Protein content was measured using a BCA
 227 protein assay, and protein samples were separated by electro-
 228 phoresis on SDS–PAGE and transferred to a polyvinylidene
 229 difluoride membrane.

230 After 2-h blocking with 5% skim milk, the membranes
 231 were incubated overnight at 4 °C with the primary antibody
 232 at a dilution of 1:1000. After washing with PBS containing
 233 0.2% Tween, the membrane was incubated with a secondary
 234 antibody for 1 h at room temperature. Then, signals were
 235 detected with Pierce ECL Western Blotting Substrate. Inten-
 236 sity quantitation of the bands was captured using Image J
 237 software and normalized to β -actin.

238 Antibodies directed at PCSK9 (ab31762, ab84041),
 239 BNip3 (ab109362), and Beclin-1 (ab210498) were pur-
 240 chased from Abcam (San Francisco, CA), LC3 (CST#4599)
 241 was purchased from Cell Signaling (Danvers, MA).

242 Real-Time Q-PCR

243 The peri-infarct area and border zone area of the left ventri- 274
 244 cle of the rats was removed and homogenized. Total RNA 275
 245 was extracted with TRizol reagent (ThermoFisher). cDNA 276
 246 was synthesized with Hiscript III-RT Supermix for the 277
 247 qPCR kit (Vazyme) following the manufacturer's instruc- 278
 248 tions. Relative β -actin levels were quantified for each sample 279
 249 based on Ct (amplification cycle threshold), normalized to a 280
 250 value of 1 as an endogenous mRNA standard, and the rela-
 251 tive expression level was calculated by the $2^{-\Delta\Delta CT}$ method.
 252 Real-time quantitative PCR using gene-specific primers was
 253 employed, as demonstrated in Table 1.

254 Histopathological Change

255 Hematoxylin–eosin (H&E) staining and Masson trichrome 282
 256 staining were used to examine myocardial tissue's pathologi- 283
 257 cal and morphological changes. The hearts obtained from 284
 258 each group were left overnight in 4% paraformaldehyde, 285
 259 dehydrated and embedded in paraffin blocks. Subsequently, 286
 260 all myocardial tissues were cut into 5% thick slices, mounted 287
 261 on glass slides, dried and stained. A light microscope was 288
 262 used to examine paraffin-embedded myocardial tissue slices 289
 263 stained with hematoxylin for 5 min, eosin for 2 min, or Mas-
 264 son trichrome staining kit (Beijing Sola Biotechnology Co.,
 265 Ltd., China). Finally, the stained slides were immersed in
 266 xylene, gradient concentrations of ethanol, according to the
 267 instructions, and then sealed with resin.

268 Immunohistochemistry (IHC)

269 The left ventricular infarct tissue in the rats was prepared 298
 270 into 5- μ m thick paraffin sections, dewaxed, and antigeni- 299
 271 cally repaired in 1 mM EDTA (pH 9.0) for 15 min. The 300
 272 slides were then incubated with 10% goat serum for 1 h at 301
 273 room temperature, with primary antibody overnight at 4 °C 302

and secondary antibody for 30 min. Hematoxylin was used
 to re-stain the nuclei for 2 min; the cells were differentiated
 with a differentiation medium for 5 s and then returned to
 blue with ammonia. Finally, using alcohol, the eluate was
 dehydrated and clear, and the neutral resin was used to seal
 the slides for fixation, microscopic observation (Lycra), and
 analysis using Image Pro6.0.

Measurement of cTnT, CK-MB

Myocardial injury was evaluated by measuring the plasma
 concentrations of cardiac troponin T (cTnT) creatine kinase-
 MB (CK-MB). At the end of the reperfusion period, blood
 was collected and centrifuged at 1500 rpm for 10 min to
 obtain plasma. CKMB and cTnT levels and activity were
 measured using specific ELISA kits (Quantou Ruixin Bio-
 logical Technology Co., LTD, Quantou, China) accordi-
 ng to manufacturer's protocols.

Statistical Analysis

All experiments were conducted three times at least ($n=3$).
 All data were analyzed using GraphPad Prism 7.0 soft-
 ware (CA, USA). Comparisons between groups were per-
 formed via the *t*-test or one-way ANOVA test for continuous
 numerical variables. Values were expressed as mean \pm stand-
 ard deviation, and $p < 0.05$ was considered statistically
 significant.

Results

Upregulation of PCSK9 and Autophagy Levels Under Hypoxia

AC16 cells were subjected to 10-h hypoxia and 8-h reoxy-
 genation, while total cellular proteins, lysate, and protein

Table 1 List of primers used in this study

Gene	Species	Forward	Reverse
PCSK9	Rat	TGGAACCTGGAGCGGATTAC	TTCCCGGTGGTCACTCTGTGA
BNIP3	Rat	GGGCTCCTGGGTAGAACT	AGACGGAAGCTGGAACG
Beclin-1	Rat	GCGTCAGCTCTCGTCAA	GCCCGGTCTTCAGCTAC
LC3	Rat	GGAGTCCTGTGTCTACGG	AAAAGCTGGGGTGTTCCT
β -Actin	Rat	CACCCGCGAGTACAACCTC	CCCATACCCACCATCACACC
PCSK9	Human	GCTGTGCCTTGGTTTCCT	TGTGAAGTAGGGGTGCGA
BNIP3	Human	CCAGCCTCGGTTTCTATTT	TATCTTGGTGTCTGCGA
Beclin-1	Human	GGATGGTGTCTCTCGCA	CAGTCTTCGGCTGAGGTT
LC3	Human	GGACCAACCCACCTACTC	ATCCACCAGCCAGCAC
β -Actin	Human	CTCGCTTCGGCAGCACA	AACGCTTCACGAAATTGCGT
IL-1 β	Rat	CCCTTGACTTGGGCTGT	CGAGATGCTGCTGTGAGA
NLRP3	Rat	TGTTGTCAGGATCTCGCA	AGTGAAGTAAGGCCGGAAT

303 buffer were extracted and prepared into upper samples, as
 304 revealed in Fig. 1. PCSK9, Beclin-1, and LC3II/I expres-
 305 sions were upregulated in H/R group compared with the
 306 normal control (NC) group ($p < 0.001$, $n = 4$), thus suggest-
 307 ing a potential relationship between PCSK9 and autophagy.
 308 Bnip3 is known to be induced by hypoxia, and autophagy is
 309 protective against Bnip3-induced autophagy and cell death
 310 [21]. Additionally, PCSK9 may affect hypoxia-reoxygenated
 311 cardiomyocytes by mediating autophagy through Bnip3
 312 pathway.

313 **PCSK9 Synchronization Regulate BNIP3**
 314 **and Autophagy Levels in AC16 Cells**

315 A higher or lower expression level of PCSK9 was observed
 316 in HR group than in the control group (Fig. 2A, B,
 317 $p < 0.05$). Furthermore, we used PCSK9 overexpression to

enhance Bnip3 expression. On the contrary, Bnip3 expres-
 sion was significantly reduced after using PCSK9 knock-
 down (Fig. 2A, B, $p < 0.05$). Furthermore, the expression
 level of Bnip3 increased significantly along with PCSK9
 upregulation during HR. Additionally, the expression level
 of Bnip3 was lower along with PCSK9 downregulation.
 In contrast, PCSK9 knockdown in cardiomyocytes dras-
 tically reduced the expression of LC3-II, Beclin-1, and
 autophagic flux, while it increased P62 expression, as well
 as the expression of Bnip3 pathway proteins, which was
 confirmed at RNA levels (Fig. 2D).

In vitro experiments verified the correlation between
 PCSK9 and the autophagic pathway, which could affect
 autophagy via Bnip3 pathway, thereby influencing cell
 death induced by hypoxic reoxygenation. We then per-
 formed in vivo experiments in SD rats to further validate
 this.

Fig. 1 Upregulation of PCSK9 and autophagy levels under hypoxia. Western Blot analysis of cellular proteins shows significant elevation of PCSK9, Beclin-1, and LC3 with 10 h of hypoxia ($n = 4$ in each group). Data are expressed as the mean \pm SEM, **** $p < 0.0001$ vs. NC

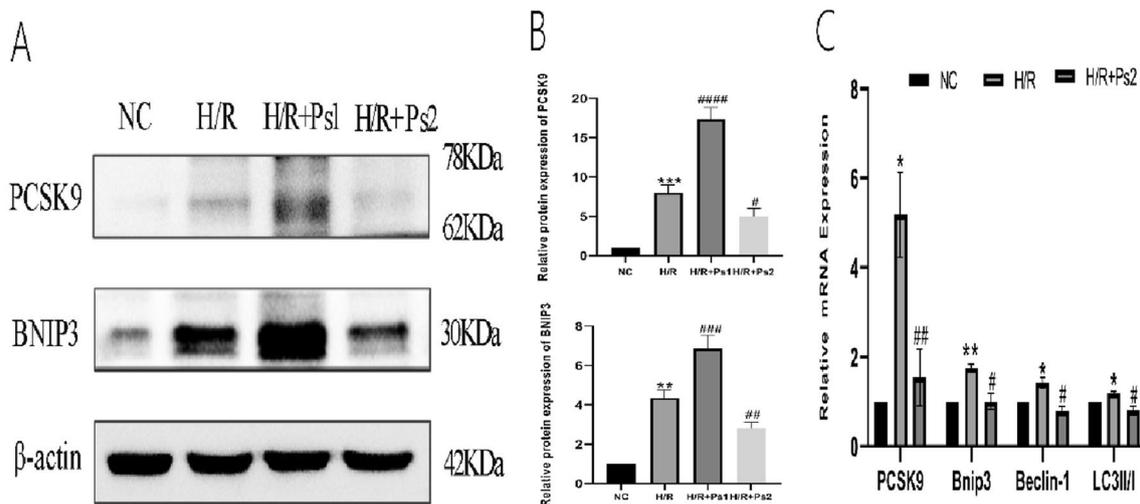
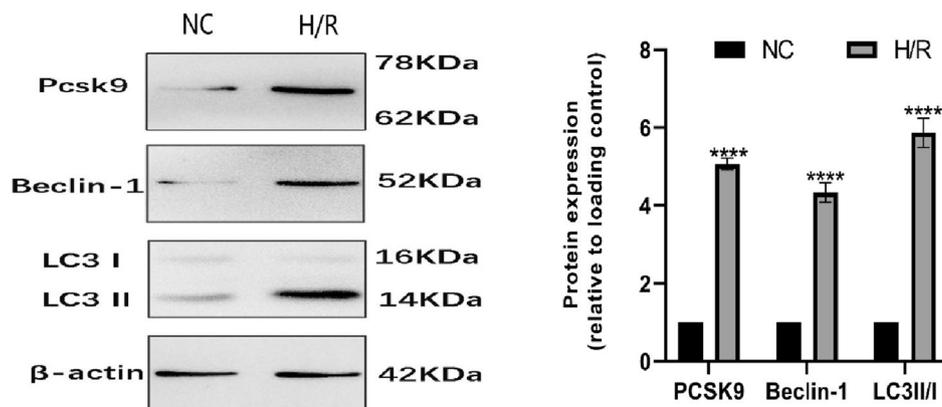


Fig. 2 PCSK9 synchronization regulate BNIP3 and autophagy levels in AC16 cells. **A, B** The level of PCSK9 protein, BNIP3 protein in the normal control, H/R, H/R +Ps1 and H/R +Ps2 groups. **C** RNA expression and analysis of pcsk9, Bnip3, Beclin-1, lc3 and P62.

Data are expressed as the mean \pm SEM, $N = 4$. * $P < 0.05$, ** $P < 0.01$ and *** $P < 0.001$ vs. NC, # $P < 0.05$, ## $P < 0.01$, ### $P < 0.001$ and #### $P < 0.0001$ vs. H/R

335 PCSK9 is Knocked Down to Restrict MI Region

336 As depicted in the schematic diagram in Fig. 3A, MIRI
 337 was induced in rats and confirmed via electrocardiography
 338 (Fig. 3B). Myocardial infarct size, myocardial damage
 339 marker expression, cardiac function, and histomorphological
 340 heart alterations were measured. TTC/EB staining revealed
 341 that PCSK9 knockdown significantly reduced the myocardial
 342 infarct size compared with I/R group ($p < 0.001$; Fig. 3C, D).
 343 The findings of cardiac enzyme tests revealed that knocking
 344 down PCSK9 lowered the severity of myocardial infarction
 345 ($p < 0.0001$; Fig. 3E, F).

346 PCSK9 Knockdown Ameliorated MIRI in Rats

347 Echocardiography was used to investigate whether PCSK9
 348 knockdown influenced cardiac function. After 3 days of
 349 ischemia, the reperfused simultaneous left ventricular wall
 350 multipoint injection of PCSK9 siRNA resulted in signifi-
 351 cantly less unfavorable remodeling as well as better ejection
 352 fraction (EF) and shortening fraction (FS) compared to I/R
 353 group ($p < 0.001$; Fig. 4A–C). Compared with the control
 354 group, the values of left ventricular end-diastolic diameter
 355 (LVDD) and left ventricular end-systolic diameter (LVDs)
 356 in I/R group were significantly increased, and LVDD and
 357 LVDs were significantly decreased after PCSK9 knockdown,
 358 compared with I/R group ($p < 0.05$; Fig. 4D, E). Meanwhile,

cardiac enzymes such as CK-MB and CTNT showed that
 knockdown of PCSK9 resulted in a reduced degree of
 myocardial infarction compared to I/R group ($p < 0.0001$;
 Fig. 3E, F).

363 PCSK9 Knockdown Reduces Autophagy Expression 364 and Improves Myocardial Fibrosis

We performed HE, Masson staining, and immunohisto-
 chemistry tests to further evaluate the effect of PCSK9
 knockdown on myocardial histological structure and fibro-
 sis. Additionally, HE staining revealed that the cardiac
 tissue exhibited a clear and well-organized structure with
 little inflammatory infiltration or cardiac necrosis in control.
 However, myocardial structural abnormalities and histo-
 logical changes, including perinuclear vacuolization,
 necrosis, cardiac intercellular spaces, myofibrillar thinning
 and wavy pattern consistent with infiltration and transmi-
 gration of inflammatory cells, were detected in IR group
 (the arrow in Fig. 5A). In contrast, PCSK9 knockdown
 reduced myocardial inflammatory infiltration with a more
 transparent structure and less tissue necrosis (Fig. 5A). IR
 group's Masson stain revealed a significantly increased
 fibrosis ratio, which was also alleviated by PCSK9
 knockdown (Fig. 5B, F). In IHC staining (Fig. 5C–E,
 G–I), PCSK9, Bnip3, and Beclin-1 meaningfully rose in

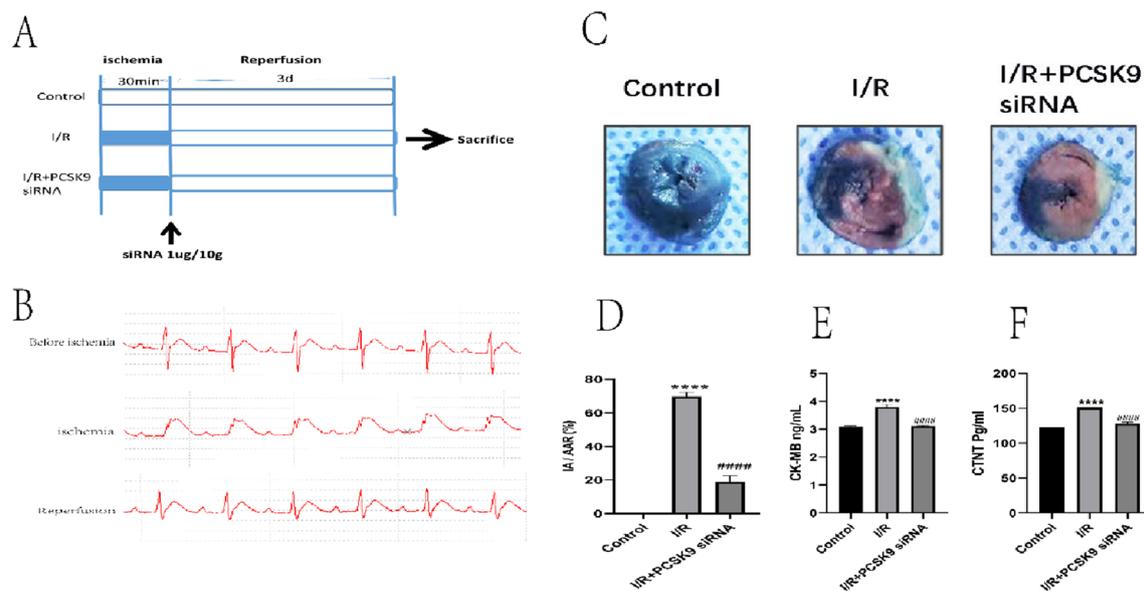


Fig. 3 PCSK9 is knocked down to restrict the MI region. **A** Schematic diagram of the myocardial ischemia–reperfusion process. **B** Representative electrocardiograms before ischemia, during myocardial ischemia, and after reperfusion. **C, D** The infarct area was determined by TTC/EB staining. The ischemic area showed pale, and the viable myocardium showed red. The infarct area was quantified as

a percentage of the total slice area. The infarct area and area at risk were quantified via Evans blue and TTC double staining. Graphic representation of the infarct size expressed as a percentage of infarct area over the area at risk ($n = 3$). Blue, non-blue and white areas represent non-ischemic, AAR and IA areas. **E** Serum CK-MB levels. **F** Serum CTNT levels

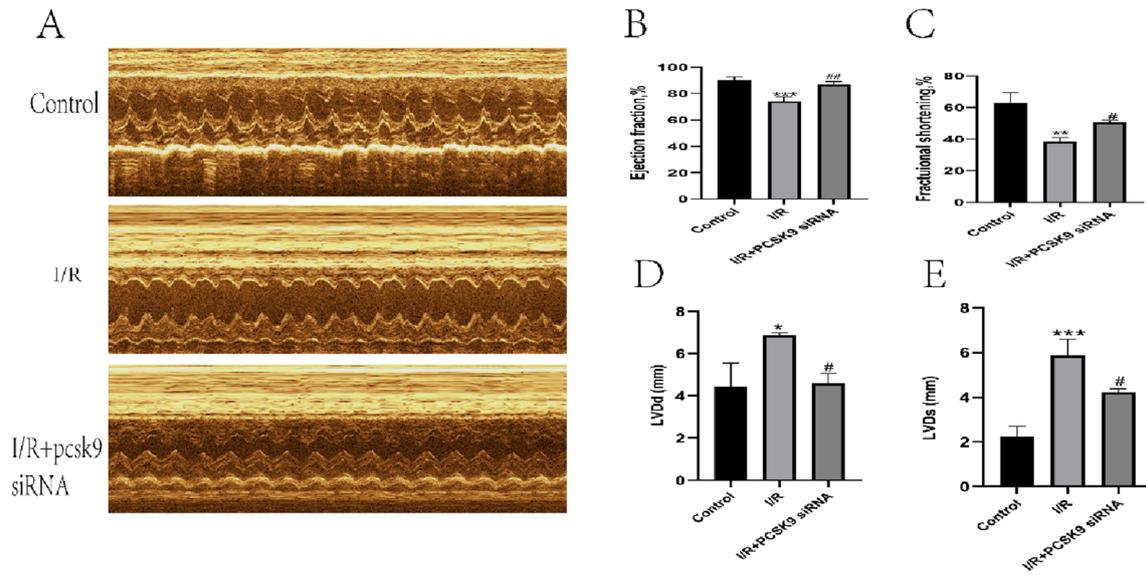


Fig. 4 Knockdown of PCSK9 ameliorated MIRI. **A** Representative echocardiograms between the groups. **B** The percentage of ejection fraction. **C** The percentage of fractional shortening. **D** Left ventricle end-diastolic diameter (LVDd). **E** Left ventricle end-systolic diam-

eter (LVDs). Data are expressed as mean \pm standard deviation. $N=4$. ** $P < 0.01$ and *** $P < 0.001$ vs. Control, # $P < 0.05$ and ## $P < 0.01$ vs. I/R

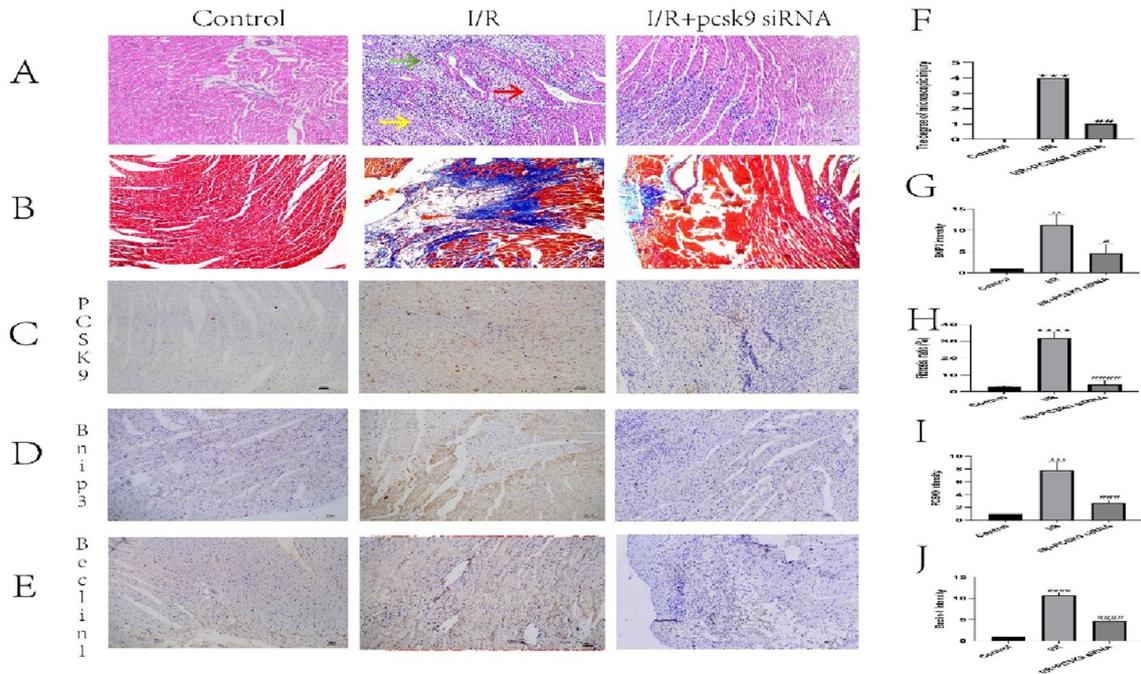


Fig. 5 Knockdown of PCSK9 reduces autophagy expression and improves myocardial fibrosis. Three days after the operation, the heart was isolated, and the thin paraffin section (4 μ m) were made. **A** Results of HE staining ($\times 100$). **B**, **G** Fibrosis ratio was compared among the three groups ($\times 100$). **C–E**, **H–J** PCSK9, Bnip3, and Beclin-1 were stained by immunohistochemistry, compared the three groups and quantitative analysis ($\times 100$). **F** The degree of micro-

scopic injury of the heart evaluated and graded on a scale of 0–4 with 0=no injury; 1=injury to 25% of the field; 2=injury to 50% of the field; 3=injury to 75% of the field; and 4=severe injury. Data are expressed as the mean \pm standard deviation ($n=5$). ** $P < 0.01$, *** $P < 0.001$ and **** $P < 0.0001$ vs. Control, # $P < 0.05$, ## $P < 0.01$, ### $P < 0.001$ and #### $P < 0.0001$ vs. I/R. HE hematoxylin-eosin

383 IR group ($p < 0.05$), although both autophagy levels and
384 Bnip3 pathway protein expression were downregulated via
385 the knocking down of PCSK9 ($p < 0.05$).

386 PCSK9 Knockdown Inhibits Autophagy via Bnip3 387 Signaling Pathway

388 To further study the mechanism of PCSK9 in vivo, rat
389 models were constructed in this work. The knockdown
390 efficiency was validated via Western Blot and Q-PCR
391 findings. After transfection with PCSK-siRNA, the
392 protein and mRNA expression of Bnip3, Beclin-1 and
393 LC3 were significantly downregulated ($p < 0.05$; $N = 4$;
394 Fig. 6A–C). We discovered that inhibiting the Bnip3 path-
395 way significantly decreased Beclin-1 expression ($p < 0.05$;
396 $N = 4$; Fig. 6A–C). According to the findings, PCSK9
397 may suppress autophagy levels by activating the Bnip3
398 pathway, thereby reducing the damage caused by I/R to
399 cardiomyocytes.

400 PCSK9 Knockdown Attenuates Myocardial 401 Inflammatory Response

402 The inflammatory response during myocardial ischemia–re-
403 perfusion injury is critical for cardiac healing, whereas exces-
404 sive inflammation prolongs infarction and promotes poor
405 cardiac remodeling. Understanding the mechanisms underly-
406 ing these uncontrolled inflammatory processes has signifi-
407 cant implications during MIRI treatment [22]. It has been
408 revealed that interleukin-1 β (IL-1 β) and Nod-1-like receptor
409 protein 3 (NLRP3) are significantly elevated in ischemia,
410 and we have also performed experiments with inflammatory
411 mediators; the results are displayed in Fig. 7. Compared with
412 the control, IL-1 and NLRP3 expressions were significantly
413 upregulated in IR group ($p < 0.05$, $n = 5$; Fig. 7A); however,
414 compared with IR + PCSK9 siRNA group, expression was
415 significantly downregulated ($p < 0.05$; $n = 5$; Fig. 7), indi-
416 rectly suggesting that PCSK9 knockdown could improve
417 MIRI by suppressing autophagy levels and attenuating the
418 inflammatory response.

Fig. 6 Knockdown of PCSK9 inhibiting autophagy via Bnip3 signaling pathway. **A, B** In each group, expression and analysis of PCSK9, Bnip3, Beclin-1 and LC3 proteins were expressed. **C** Expression analysis of mRNA levels of PCSK9, Bnip3, Beclin-1, and LC3. Data are expressed as the mean \pm standard deviation. * $P < 0.05$ and ** $P < 0.01$ vs. Control, # $P < 0.05$, ## $P < 0.01$ vs. I/R

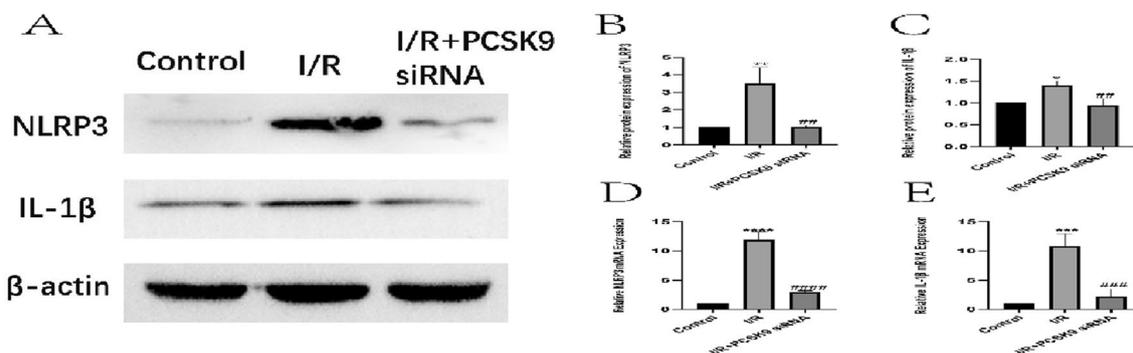
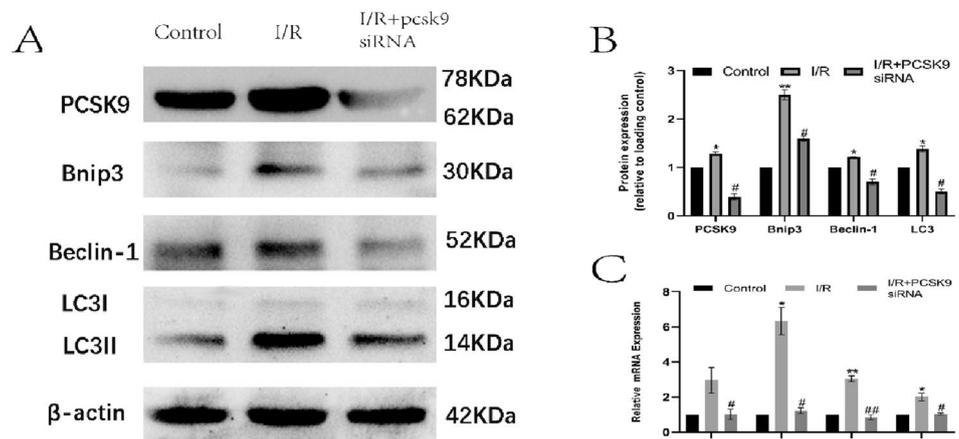


Fig. 7 Knockdown of PCSK9 attenuates myocardial inflammatory response. **A–C** Protein expression and analysis of NLRP3 and IL-1 β between the three groups. **D–E** Expression and analysis of mRNA of NLRP3 and IL-1 β between the three groups. Data are

expressed as the mean \pm standard deviation. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$ and **** $P < 0.0001$ vs. Control, ## $P < 0.01$, ### $P < 0.001$ and #### $P < 0.0001$ vs. I/R

419 **Discussion**

420 In vitro and in vivo experimental studies revealed that
 421 siRNA knockdown of PCSK9 resulted in reduced expres-
 422 sion of the autophagic protein Beclin-1, light chain 3
 423 (LC3) compared to normal control-treated cells and con-
 424 trol-operated groups. Simultaneously, Bnip3 pathway pro-
 425 tein expression was downregulated. Furthermore, PCSK9-
 426 mediated small interfering RNA (siRNA) group injected
 427 into the left ventricular wall significantly improved cardiac
 428 function and myocardial infarct size.

429 Cardiovascular disease accounts for one-third of all
 430 death, and ischemic heart disease is the primary cause
 431 of death. To the best of our understanding, I/R damage
 432 frequently occurs in clinical circumstances with complex
 433 mechanisms [23]. PCSK9 inhibitor therapy may be use-
 434 ful in reducing biochemical and physiological problems
 435 associated with cardiac MIRI [15]. Recently, studies have
 436 focused on PCSK9 effects on cholesterol and low-density
 437 lipoprotein. This work demonstrated that PCSK9 knock-
 438 down could ameliorate MIRI by inhibiting Bnip3 pathway-
 439 mediated autophagy. When one suffers external damage,
 440 autophagy is a self-repair mechanism; nevertheless, exces-
 441 sive autophagy can lead to increased cell death, reversing
 442 the process. Mitophagy is a type of selective autophagy
 443 involved in ischemia–reperfusion injury [24]. PCSK9 was
 444 considerably upregulated in ex vivo tests after ischemia/
 445 hypoxia, whereas autophagy levels were recruited to
 446 further damage mitochondrial structure and metabolic
 447 function. Consistently, the results of TTC/EB staining,
 448 H&E staining, Masson's trichrome staining, and cardiac
 449 enzymes measured in this study demonstrated that the
 450 myocardial infarction area was enlarged, while structural
 451 abnormalities and cardiac enzyme (cTnT, CK-MB) lev-
 452 els increased significantly in I/R group. However, PCSK9
 453 knockdown regulated autophagy levels through Bnip3
 454 pathway, and, in contrast with IR group, MIRI severity
 455 was reduced, as was myocardial infarct size, thus result-
 456 ing in improved cardiac function and reduced mortality. These
 457 results suggest that cardiac structures are protected, and
 458 PCSK9 knockdown increases myocardial viability.

459 Extensive evidence indicates that autophagy is criti-
 460 cal in cardiomyocyte apoptosis during MIRI [25, 26]. Yu
 461 et al. discovered that a lack of Mammalian STE20-like
 462 kinase1 provides a pro-survival signal to the reperfused
 463 heart by reversing FUN14 domain containing one related
 464 mitophagy, thereby decreasing cardiomyocyte mitochon-
 465 drial apoptosis [27]. Furthermore, I/R and oxygen–glucose
 466 deprivation/recovery damage increased hypoxia-inducible
 467 factor-1 (HIF-1) expression, activated downstream Bnip3,
 468 and induced mitochondria-dependent autophagy. HIF-1 α
 469 upregulation and Bnip3 expression may contribute to

I/R-injured SD rat cardiomyocytes and OGD/R injury-
 induced autophagy in H9C2 cells. We hypothesize that
 myocardial viability is enhanced through knockdown of
 PCSK9 regulation associated with autophagy and Bnip3
 pathway. To verify this idea, we investigated the relation-
 ship between PCSK9 and autophagy and Bnip3 pathway.
 WB analysis revealed increased Bnip3, Beclin-1, and
 LC3II/I ratios, thus indicating that PCSK9 activated the
 Bnip3 signaling pathway and increased autophagy lev-
 els. PCSK9 siRNA was injected into the left ventricular
 wall at numerous stages during reperfusion to confirm the
 role of Bnip3 pathway in PCSK9 cardioprotection, while
 PCSK9 siRNA was transfected into cells before intrinsic
 hypoxia-reoxygenation. As expected, in the presence of
 Bnip3-siRNA, Bnip3 and Beclin-1 protein expressions
 were repressed, P62 was boosted, and the upregulated
 effect of PCSK9 on autophagy was significantly reduced.
 These findings show that the key protective mechanism
 of PCSK9 against MIRI is autophagy inhibition via the
 Bnip3 pathway.

Inflammasome activation plays a vital role in host defense.
 Simultaneously, autophagy is naturally linked to the adaptive
 immune system and strongly linked to inflammation. Zhang
 et al. discovered that knocking down lincRNA-Cox2 acti-
 vated caspase-1, resulting in decreased IL-1 production and
 increased autophagy [28]. Furthermore, Wang et al. discov-
 ered that neuregulin-1 could reduce reactive oxygen species
 formation by inhibiting NADPH oxidase 4 and inhibiting
 NLRP3/caspase-1 pathway in MIRI to minimize oxidative
 damage and inflammation [29]. A recent study disclosed that
 normocholesterolemic subjects with lower plasma PCSK9
 and higher white adipose tissue surface expression of LDLR
 and CD36 had higher NLRP3 inflammasome activation [30].
 To test whether PCSK9 can control inflammatory factors
 and hence worsen MIRI, PCSK9 knockdown was followed
 by NLRP3 and IL-1 downregulation, as confirmed by WB
 and Q-PCR. The above data display that PCSK9 knock-
 down inhibits autophagy and attenuates the inflammatory
 response, thereby ameliorating MIRI.

PCSK9 is mainly secreted by the liver and can be released
 into the blood. Circulating PCSK9 levels are associated
 with LDL-c levels. LDL-c is readily oxidized by ROS, and
 LOX-1 can be activated by autophagy, thereby regulating
 infarct size [31]. Based on this information, we hypothe-
 size that MIRI can be controlled indirectly by modulating
 autophagy and LDL-c levels. PCSK9 inhibitors are com-
 monly used in lipid-lowering therapy, although their use
 in individuals with myocardial infarction is debatable. In
 the Atherosclerosis Risk in Communities trial, deletion of
 one copy of PCSK9 saved 88% of human cardiovascular
 events [32]. This study provided experimental evidence for
 reducing reperfusion injury in patients with acute myocar-
 dial infarction. A significant number of clinical trials remain

523 required to validate the clinical use of PCSK9 inhibitors in
524 patients with myocardial infarction.

525 Conclusion

526 In ischemic/hypoxic circumstances, PCSK9 expression
527 was dramatically increased. PCSK9 knockdown alleviated
528 MIRI via Bnip3-mediated autophagic pathway and improved
529 inflammatory response, myocardial infarct size, and cardiac
530 function.
531

532 **Author Contributions** GWH, XYL, and WL designed and performed
533 experiments, analyzed and interpreted data, and prepared the manu-
534 script. KZ, ZGD, XLX, MZL, CL, YQL and LX participated in the
535 design of the study and performed the statistical analysis. HYZ and
536 ZHL conceived of the study, and participated in its design and coordi-
537 nation and review of this manuscript. All authors read and approved
538 the final manuscript.

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545 **Data Availability** All data, models, or code generated or used during
546 the study are available from the corresponding author by request.

547 **Code Availability** Not applicable.

548 Declarations

549 **Conflict of interest** The authors declare no conflict of interest.

550 **Ethical Approval and Consent to Participate** The authors are account-
551 able for all aspects of the work in ensuring that questions related to
552 the accuracy or integrity of any part of the work are appropriately
553 investigated and resolved. Animal experiments were approved by the
554 Animal Experimentation Committee of the Institutional Review Board
555 of Guizhou Medical University (License No. 2019(105)) and complied
556 with the guidelines of Guizhou Medical University for the care and use
557 of animals. The study was conducted in accordance with the Declara-
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559 **Consent for Publication** Not applicable.

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